

NAIL TREATMENT AFTER CARE

AVOID HOT WATER

For the first 24 hours after your treatment, it's crucial to avoid any activities that involve high heat, such as sunbeds, hot baths, and saunas.

KEEP NAILS WELL NOURISHED

Keep your nails well nourished with daily application of cuticle oil this will promote growth and prevent nail damage and lifting.

PROTECT YOUR HANDS

Wear hand protection such as rubber gloves whilst washing up, gardening or handling cleaning products.

KEEP YOUR HANDS CLEAN

Wash your hands thoroughly after being in handling any chemicals, especially insect repellent and sun-screen.

RAISE ANY CONCERNS

Contact the beauty haven immediately if you have any concerns or issues.

KEEP MAINTENANCE APPOINTMENTS

Keep up to date with your maintenance and removal appointments with the Salon.

FOLLOW YOUR THERAPIST'S ADVICE

Follow all advice given by your Beauty Haven therapist.

Thank you for selecting The Beauty Haven for your nail treatment. We hope you are delighted with the results. It is crucial to adhere to the advice and instructions provided by your expert beauty therapist to keep your nails in good health and maintain the results for as long as possible. Please take time to read the information in this guide, you may print it out for future reference.

THEBEAUTYHAVEN.SALON

AVOID LONG PERIODS OF WATER SUBMERGENCE

To prevent any harm, it is advisable to avoid prolonged exposure to water such as taking long baths, swimming, or washing up for extended periods.

DO NOT LOAD STRESS YOUR NAILS

Do not use your nails as tools, such as a screwdriver, as doing so may cause them to crack.

DO NOT PICK AND PEEL

To ensure the safety of your natural nails, please avoid picking or peeling off the product. Such actions may cause damage to your nails.

DO NOT FILE OR PUSH BACK YOUR CUTICLES

To prevent chipping, avoid filing your nails and pushing back your cuticles after your treatment. Doing so can break the seal of the gel and compromise its longevity and lead to issues such as chipping



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